

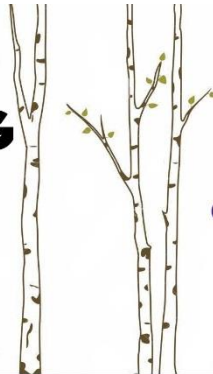
# PRELIMINARY

## Bulletin 1-3

**SKI-ORIENTEERING**  
WORLD CUP ROUND 1

**EYSOC**  
**+ JWSOC**

**21-26 FEBRUARY 2020**



**SKID-SM**  
ORIENTERINGS **2020**  
USM - SM - VETERAN

**22-23 FEBRUARI 2020**

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**UMEÅ - VINDELN - SWEDEN**

SKI ORIENTEERING WORLD CUP ROUND 1

JUNIOR WORLD SKI ORIENTEERING CHAMPIONSHIPS

EUROPEAN YOUTH SKI ORIENTEERING CHAMPIONSHIPS

**21-26 FEBRUARY 2020, UMEÅ/VINDELN, SWEDEN**





Vindelns  
Kommun

# UMEÅ. MER ORIENTERING.

## Welcome to Vindeln and Umeå!

The competition events will take place in Vindeln, a town with about 2,500 inhabitants located along the untouched and beautiful Vindel River.



Most of you will travel to and stay in Umeå, 56 kilometres south east of Vindeln. Umeå is the largest city in the region of Västerbotten, a dynamic University town with 88,000 inhabitants, located 640 kilometres north of Stockholm. Here you can find all kinds of services and facilities like airport, hotels, hostels, restaurants etcetera.

The competitions will be combined with the Swedish Ski Orienteering Championships

## Organizers

Umeå Orienteringsklubb and SK Björnen

Event Director           Andreas Lundholm

Event Secretary         Tjelvar Otterbjörk

IOF advisers             Staffan Tunis (FIN)

National Controller    tbd

## Contacts

Umeå Orienteringsklubb

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Web: <http://www.umeaok.se/wcup2020>



## Venue

**The Event Centre** will be located in Umeå, at the hotel *Scandic Umeå Syd (South)*. The driving distance from Stockholm Arlanda Airport to Umeå is about 600km, but Umeå has good communications both by train and by air, and if you want to hire a car there are lots of rental offices in Umeå.

**The Competition Centre** will be located in the Sports Centre “Fritidscentrum” in the town Vindeln. Vindeln is located 60km NW of Umeå and the journey takes about 50 min by car, please watch out for reindeers along the road. On all competition days waxing facilities, food, shower and flower ceremonies will be in Fritidscentrum, Vindeln.



## Classes

All competitors represent a National Federation. A competitor may represent only one National Federation during any one 12-month period running from November to October. Competitors shall have full passport holding citizenship of the country of the National Federation they are representing.

If a federation is unable to make up full relay teams, it may form incomplete teams or teams with competitors from other federations. The results of incomplete teams and teams with competitors from more than one Federation are not considered in determining the placings in relay competitions. Under no circumstances may persons, other than competitors entered for the competition, participate in the competition.

## World Cup

### W21, M21

A federation may enter a team of unlimited number of competitors and officials. However, on each individual competition, every federation may enter up to 6 men and 6 women. In the relay, each federation may enter 2 teams in each class, consisting of 3 athletes. Only the best team will be counted.

## JWSOC W20, M20

JWSOC has 2 classes – M20 and W20, for competitors born in year 2000 or later

A federation may enter a team of up to 14 competitors, up to 7 women and 7 men. On each individual competition, every federation may enter up to 6 men and 6 women. In the relay, each federation may enter 2 teams in each class, consisting of 3 athletes.

## EYSOC W17, M17

EYSOC has 2 classes – M17 and W17, for competitors born in year 2003 or later

A federation may enter a team of unlimited number of competitors and officials. However, on each individual competition, every federation may enter up to 6 men and 6 women. Only competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the European continent, can compete in EYSOC. Competitors representing other member Federations of the IOF can participate in EYSOC but will not be eligible for European titles, medals or diplomas.

In the relay, each federation may enter 2 teams in each class, consisting of 3 athletes. The EYSOC-competitors may participate in the JWSOC relay event.

## IOF ATHLETE LICENCE

All World Cup participants need a valid IOF Athlete licence. To have a valid licence, the athlete needs to sign an athlete licence form and pay an annual fee of 30 EURO. If the athlete has signed the form in previous years, they don't need to sign a new form. Payments of the annual licence fee is done in IOF Eventor, please consult the proper IOF Eventor Guide for this. To find the rules and forms and more information, please consult: [Athletes licence](#) on IOF web page.

## ENTRY FEES

Entries are to be registered by team managers via IOF Eventor.

Eventor links:

EYSOC - <https://eventor.orienteering.org/Events/Show/6409>

JWSOC - <https://eventor.orienteering.org/Events/Show/6408>

WCUP - <https://eventor.orienteering.org/Events/Show/6407>

### The following information is required at the latest by February 5:

1. Name and gender (man, woman) of the participants.
2. Number of relay teams.
3. Names of the team officials.
4. Team manager's name, address, e-mail address and mobile telephone number

### Late Entries:

Late entries and changes to registered entries will be possible up until 15.00 on February 21 2020. These should be sent directly to the event organiser who will then register the details in IOF Eventor.

### *Fees for late entry and changes to registered entries*

	<i>Entry</i>	<i>Withdrawal of entry</i>
05.02 - 21.02	+50%	-50%

Name change after 5 February = 10 €

### Competition fees:

Individual 50 €

Relay 120 €

Competitor accreditation fee 60 €

Team official accreditation fee 80 €

The accreditation fee for competitors covers the right to participate in the races, the model event and the banquet. The accreditation fee for team officials covers the model event, team leader meetings, competition maps, start- and result lists and the banquet.

## PAYMENTS

Information tbd

## TEAM OFFICIALS' MEETINGS

Team leader meetings open for team leaders and the IOF representatives will be held at Event Centre Scandic Umeå Syd, Yrkesvägen 8, Umeå, the evening before each respective race.

## PROGRAM, PRELIMINARY

The WCUP/JWSOC/EYSOC competitions are combined with the Swedish Championship (SC)

Thursday, 20. February	WCUP/JWSOC/EYSOC	
15:00 – 21:00	Event office is open – accreditation	Event centre Umeå
15:00	Waxing cabins open for use	Competition centre, Vindel
Friday, 21. February	WCUP/JWSOC/EYSOC	
08:00 – 18:00	Event office is open – accreditation	Event centre Umeå
10:00 – 14:00	Model Event WSOC/JWSOC/EYSOC	Umeå
15:00	Deadline for team changes and late entries	Event Office Umeå
15:00	Competition entry deadline - sprint distance	IOF Eventor
18:00	Team officials' meeting - sprint distance	Event centre Umeå
Saturday, 22. February	WCUP/JWSOC/EYSOC/SC	SPRINT
07:00 – 10:00	Event office is open	Event centre Umeå
	Quarantine entry closes	
tbd	first start SC	Competition centre, Vindel
tbd	First start WCUP/JWSOC/EYSOC Sprint	Competition centre, Vindel
	Flower ceremony	Competition centre, Vindel
15:00 – 18:00	Event office is open	Event centre Umeå
16:00	Competition entry deadline - long distance	IOF Eventor
17.30	Opening ceremony, Prize giving Sprint	Event centre Umeå
19:00	Team officials' meeting - long distance	Event centre Umeå
Sunday, 23. February	WCUP/JWSOC/EYSOC/S	LONG
tbd	first start SC	
	Quarantine entry closes W17, M17, W20, M20	Competition centre, Vindel
tbd	First start W17;M17 Long	Competition centre, Vindel
	Prize giving ceremony	Competition centre, Vindel
15:00 – 18:00	Event office is open	Event centre Umeå
monday,24. February	WCUP/JWSOC/EYSOC	
15:00 – 18:00	Event office is open	Event centre Umeå
15:00	Competition entry deadline – middle distance	IOF Eventor
18:00	Team officials' meeting - middle distance	Event centre Umeå
Tuesday, 25. February	WCUP/JWSOC/EYSOC	
9:00 – 20:00	Event office is open	Event centre Umeå
10:00	Quarantine entry closes	Competition centre, Vindel
10.00	M17 Middle mass start	Competition centre, Vindel
10.05	W17 Middle mass start	Competition centre, Vindel

10:40	M20 Middle mass start	Competition centre, Vindeln
10:45	W20 Middle mass start	Competition centre, Vindeln
~11:00	Flower ceremony W17, M17	Competition centre, Vindeln
11:30	W21 Middle mass start	Competition centre, Vindeln
~11:45	Flower ceremony W20, M20	Competition centre, Vindeln
12:30	M21 Middle mass start	Competition centre, Vindeln
~12:35	Flower ceremony W21	Competition centre, Vindeln
~13:30	Flower ceremony M21	Competition centre, Vindeln
15:00	Competition entry deadline – relay	IOF Eventor
18:00	Team officials' meeting - relay distance	Event centre Umeå

#### Wednesday, 26. February WCUP/JWSOC/EYSOC

10:00	Quarantine entry closes	Competition centre, Vindeln
10:00	Start M20, Relay	Competition centre, Vindeln
10:05	Start M17, Relay	Competition centre, Vindeln
10:10	Start W20, Relay	Competition centre, Vindeln
10:15	Start W17, Relay	Competition centre, Vindeln
11:15	Start W21, Relay	Competition centre, Vindeln
~11:50	Flower ceremony M20, W20, M17, W17	Competition centre, Vindeln
12:10	Start M21, Relay	Competition centre, Vindeln
~13:50	Flower ceremony W21, M21	Competition centre, Vindeln
15:00 – 18:00	Event office is open	Event centre Umeå
18:00	Prize giving ceremony, Closing ceremony and Banquet	Event centre Umeå

#### EMBARGOED AREA

All of the area on the orienteering map is embargoed until 27 February 2020 for competitors, coaches and team leaders. The area is closed for all orienteering activities. For orienteers skiing permanent tracks, the embargoed area is allowed until 15 January, 2020. The map is available for downloading on [umeaok.se/wcup2020](http://umeaok.se/wcup2020)

#### TERRAIN DESCRIPTION

**Abborrtjärn.** A skiing centre with ski and snow mobile tracks. There are some forest roads passing through the area. On average, snow is about 50-80cm deep in February and the temperature is way below zero.

#### ACCOMMODATION

Accommodation is offered in several categories, with A being a good quality hotel and C being the simplest, a guest house with self service. All prices are per person, per night, including VAT. Accommodation should be booked by sending e-mail to [tjelvar@telia.com](mailto:tjelvar@telia.com) before February 5.

All accommodation available for booking is shown at [www.umeaok.se/wcup2020](http://www.umeaok.se/wcup2020)

## WAXING FACILITIES AND SKI WAXING SERVICE

Waxing facilities are available at the competition arena Vindeln. These tents have electrical connections, are heated, but not ventilated or lockable. Cabins are 16 m<sup>2</sup>, price is 400€. The indicated prices cover the full competition week and may be used by all the teams (WCup/ JWSOC/EYSOC) from the same nation. Bookings are made by sending an e-mail to andreaslundholm75@gmail.com. Invoices will be issued together with those for the entry registration fees. Booking of waxing facilities is possible till February 5..

## NUMBER AND TYPE OF EQUIPMENT CHANGE AREAS

It will not be allowed to make changes of undamaged skies

Distance	Number of deposits
Sprint	-
Long distance	1
Middle distance	1
Relay	1

## PUNCHING SYSTEM

SPORTident AIR+ punching system will be used (SIAC). More information available [https://www.sportident.com/documents/information\\_technical/SI\\_system\\_AIRplus/sportident\\_airplus\\_information\\_for\\_athletes.pdf](https://www.sportident.com/documents/information_technical/SI_system_AIRplus/sportident_airplus_information_for_athletes.pdf)

## MAP SCALES AND SIZES

All maps are A4 size (21 x 30 cm) with a 5-metre contour interval.

Distance Map Scale

Sprint 1:5000

Long 1:15000

Middle 1:10000

Relay 1:10000

## APPROXIMATE COURSE LENGTH, WINNING TIMES

Winning times for each class will be according to IOF rules 2019:

WCup women	WCup men	
85-95	85-95	Long distance
40-45	40-45	Middle distance
10-15	10-15	Sprint
30-35	30-35	Relay for each leg

JWSOC W20	JWSOC M20	
65-75	65-75	Long distance
25-35	25-35	Middle distance
10-15	10-15	Sprint
30-35	30-35	Relay for each leg

EYSOC W17	EYSOC M17	
40-45	40-45	Long distance
20-25	20-25	Middle distance
8-12	8-12	Sprint
20-25	20-25	Relay for each leg

### VISA REQUIREMENTS

You do not need visa if you come from EU or Schengen area country.

Other international travellers may be required to hold a Swedish visa prior to travel to Sweden, depending on your country of residence. If you require further assistance, please send email to [andreaslundholm75@gmail.com](mailto:andreaslundholm75@gmail.com)

### TRAVEL INFORMATION AND TRANSPORT

There are several ways to get to Umeå, either by car, by train, by bus or by air.

The closest international airport is Stockholm, 650km from Umeå, and the local airport is Umeå Airport.

Umeå also has daily ferry connections with Vasa, Finland

### BANQUET

The banquet on Wednesday is included in the accreditation fees for athletes and team officials. Non-accredited persons that wish to attend the banquet are advised to make reservation and payment by sending e-mail to [andreaslundholm75@gmail.com](mailto:andreaslundholm75@gmail.com). Banquet fees for non-accredited persons are 40Euro

### SUMMARY OF IMPORTANT DATES

The final dates for registering entries, booking accommodation etc. are 5. February.

Please note that additional fees apply for late entries.



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